

# Problem 1 -> Toxins, Toxins, Toxins



Science clearly shows that we are exposed to more than 80,000 toxins every day, and they are everywhere.

Every day, we are exposed to heavy metals, they are in the air, in the food, in the water, and every day they add up into our body. This accumulation of heavy metals can create health issues and affect multiple organs in different ways.

Heavy metal	Found in	Affects
Arsenic	water, food, air pollution	brain, heart, skin, cancer
Aluminum	water, food, medications	brain, bones
Cadmium	food, air pollution, cigarettes	head, kidneys, bones
Chromium	water, food, industrial pollution	kidneys, lungs, immune system
Led	water, food, old paint	brain, bones, liver, kidneys
Manganese	food, air pollution	brain, nervous system
Mercury	fish, silver dental fillings, fluorescent light bulbs	brain, kidneys, immune system
Led	water, food, old paint	brain, bones, liver, kidneys
Cadmium	food, air pollution, cigarettes	head, kidneys, bones

## Why are they so toxic?

- Heavy metals are elements and as such are indestructible.
- Once in the body, they combine with anions and are sequestered, often in the bones, which are stable tissues.
- The organic forms are much more toxic, such as methylmercury or tetraethyl lead, and can have severe neurotoxicity, because they are biologically active and may cross

## Toxins are everywhere; in our food, water, and the air we breathe

- Exposure to toxins starts even before you were born. we're born. From the womb onwards, you are exposed and surrounded by chemicals.
- No one can escape, toxins are in the food you eat, water you drink and air you breathe, medicines you take.
- Science shows that your body is exposed to over 80,000 known toxins every single day.
- As much as 175 harmful chemicals are found in food products.<sup>1</sup>



<sup>1</sup>175 Harmful Chemicals Found in Food Products!

- The human body is exposed to about 1180 kinds of chemical poisons every day;
- On average, 175 chemicals are applied to women's faces every day;
- The average daily intake of pesticides and fertilizers is up to 200 micrograms;
- The average daily intake of meat hormone is 150 micrograms

## Impact on health

- Toxins store in your fat cells, making it hard to lose weight.
- Toxins mess with your memory, clarity, and focus.
- Toxins interfere with your immune system.
- Toxins disrupt your endocrine systems, affecting your energy, sleep, and quality of life.
- Toxins can cause heavy metal poisoning, which makes you sick and affects the way your body works.
- **Acute poisoning** happens if you are exposed to a high dose of heavy metals at one time (such as chemical accident in a factory or when a child swallows a toy made with lead). Symptoms include numbing, throwing up, passing out, and you may also get abdominal pain, diarrhea, dehydration, tingling, anemia, kidney damage, liver damage, lung irritation, fluid in your lungs, brain problems or memory loss, horizontal lines on your nails, behavioral changes, weak or malformed bones, miscarriages, or premature labor.
- **Chronic poisoning** occurs after contact with a low dose of toxins over a long period of time. Symptoms come on slowly and may include headache, weakness and tiredness, achy joints and muscles, constipation.
- **Heavy metal poisoning diagnostics** include CBC (complete blood count), kidneys function test, urine analysis and proteins, liver function tests, imaging tests (abdominal radiographs), electrocardiogram, etc.
- Excessive toxin accumulation in the liver will lead to fatty liver, hepatolithiasis, cholecystitis, liver cirrhosis, liver cancer, etc.; excessive toxin accumulation in the blood will lead to cardiovascular and cerebrovascular diseases such as hyperlipidemia, hypertension, stroke, hyperglycemia, arteriosclerosis, etc. And much more.



<https://www.lifecoachcode.com/2014/09/10/175-harmful-chemicals-found-food-products/>

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# Problem 2 -> Magnesium deficiency<sup>2</sup>

Did you know that every known illness is associated with a magnesium deficiency? Did you know millions of people suffer needlessly or are having their symptoms treated with expensive drugs when they could be cured with magnesium supplementation?



According to Dr. Norman Shealy and many other medical experts and scientists, magnesium is the most critical mineral required for electrical stability of every cell in the body. A magnesium deficiency may be responsible for more diseases than any other nutrient.

Sadly, over the past 40 years, human magnesium deficiency has become recognized as a world-wide clinical problem. Magnesium is vital for human health, and yet it's estimated that up to 80% of people around the world are deficient in this important nutrient.

## Manifestations of magnesium deficiency

- Low Energy
- Fatigue
- Weakness
- Nervousness
- Anxiousness
- Irritability
- PMS and hormonal imbalances
- Inability to sleep
- Muscle tension, spasm, and cramps
- Weakening of the bones
- Abnormal heart rhythm
- Seizures (and tantrums)

## When deficiency worsens

- Extreme thirst
- Extreme hunger
- Frequent urination
- Sores or bruises that heal slowly
- Dry, itchy skin
- Unexplained weight loss
- Blurry vision that changes from day to day
- Unusual tiredness or drowsiness
- Tingling or numbness in the hands or feet
- Frequent or recurring skin, gum, bladder, or vaginal yeast infections

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<sup>2</sup> QJM: An International Journal of Medicine, Volume 111, Issue 11, November 2018, Pages 759–763,

<https://doi.org/10.1093/qjmed/hcx186>

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## Why so rampant

- 5,000 years ago, our ancestors run barefoot hither and thither. Feet against the soil, that was how they used to feel the nature and take in the much-needed minerals day after day.
- The shoes we put on today, the asphalt road and toxic substance thereon all cut us off from the natural way of mineral intake, leading to hopeless mineral(magnesium) deficiency for modern people.
- The foods we are eating are stripped of magnesium because foods in general are declining in mineral content in an alarming way.
- Every day, the magnesium going out of the body (through urine and sweat) outnumber that going in (through feet and food), which leads to an ever-worsening magnesium deficiency.



## Main Issues

The main issues in combating Magnesium Deficiency are:

- **No Diagnosis.** In practice, a reliable method for diagnosing magnesium deficiency in our body does not exist.
- **Supplement does not work.** The current methods are based on taking magnesium supplements. However, magnesium in general is not administered easily orally, it takes 6–7 h for 80% of the oral magnesium to be absorbed, and most importantly, only a tiny fraction of the consumed magnesium is in fact absorbed by the body. Chronic magnesium deficiency would require as long as 40 weeks of supplementation before reaching a steady state.
- Magnesium intramuscular injections are typically used by professional athletes to substitute magnesium and remove cramping; again, unless long term programs with injections are implemented, this approach is also inefficient.
- Today, efficient, and reliable, mechanism for combating magnesium deficiency does not exist. NOT UNTIL NOW !!!

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# The Solution -> Mr. Detox

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## Our response to the Problems of (1) Toxicity and (2) Magnesium Deficiency

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It is with great pleasure that we introduce Mr. Detox, a revolutionary foot spa detoxification system and a unique advanced proprietary formula based on technology and substances that have been clinically and scientifically proven to be effective in solving both detoxification and magnesium and other vital electrolyte deficiencies.

It is a simple, safe, natural, and non-invasive way to systemically detoxify heavy metals, and at the same time efficiently delivery magnesium and other essential electrolytes to your body.

## Strengthening your immunity

When you remove toxic build up, you restore balance to your immune system. Achieve your health potential naturally.

## Increasing your energy

Being energized throughout the day makes you feel happy and alert.

## Recharging your body

By detoxing, all your system functions start to perform better, resulting in a good sleep, calm mind, and enhanced focus.

## Efficiently delivering essential minerals

- Research in the growing field of balneotherapy shows that useful minerals in the water can be absorbed by the skin, experiment already demonstrated increases in magnesium and sulfate levels after soaking.<sup>3</sup>
- Quickly, efficiently, low-costly and in a controlled way: the amount of magnesium going into your body by a 30-min foot spa is often compared to that of 10 injections in total.
- MrDetox is significantly proven to efficiently deliver magnesium and other essential minerals to the body. Up to our best knowledge, MrDetox is the fastest known method able to eliminate magnesium deficiency, as well as deliver other minerals for rapid detoxification.

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<sup>3</sup> Science Confirms Absorption of Minerals During Soaking

<https://www.ironmountainhotsprings.com/science-confirms-absorption-of-minerals-during-soaking/>

## Medicinal Effects of Magnesium Chloride

- Magnesium chloride re-establishes the mineral balance in arthrosis, stimulating the functions of organs, such as the kidneys, to secrete acidum unicum (uric acid)
- Regulates the work of nerves and muscles and participates in the transmission of nerve impulses
- Magnesium chloride is the main factor of psychophysical energy and maintains balance in the mechanism of muscle action and relaxation, prevents muscle fatigue and spasms, strengthens muscles, and is recommended for every athlete
- Magnesium chloride is needed for the proper work and functioning of the heart, it plays an important role in many biological processes.
- A systematic review by the International Society for the Development of Research on Magnesium found that magnesium deficiency can lead to the initiation and proliferation of cancer, as well as hinder treatment.<sup>4</sup>
- It improves digestion and gives energy, it is a good antidepressant and an excellent stress reliever
- It plays the most important role in regulating body temperature
- It is useful for the prevention of high cholesterol
- Regulates bowel function
- It has a significant role in the formation of bones, as well as in the metabolism of carbohydrates and proteins
- It is useful for problems of irritated nerves and muscles, such as with tetanus, epilepsy, and other related pathologies.
- Reduces the amount of fat in the blood, acts against arteriosclerosis, cleans the blood, revives brain cells, gives, and maintains vitality-youth until old age
- Regulates problems of the prostate and hemorrhoids
- Prevents flu and colds
- Prevents obesity and helps with weight loss
- Prevents arteriosclerosis
- It is an excellent laxative
- It regulates digestion
- Reduces the problems of bronchitis
- Prevents frostbite
- Works against bad breath
- Protects against osteoporosis and rheumatism
- Eliminates menstrual problems
- Relieves headaches
- Protects the cardiovascular system
- It rejuvenates the body
- It increases energy
- Relieves depression and it helps with diseases of the nervous system
- It has anti-cancer activity and anti-aging properties



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<sup>4</sup> Castiglioni, S. and Maier, J. (2011) Magnesium and cancer: a dangerous liaison. *Magnes Res.* 24(3): pp. S92-100. [Magnesium Deficiency and Cancer - Beat Cancer: Beat Cancer](#)

# Frequently Asked Questions

## What is MrDetox?

MrDetox unique and advanced foot spa and bath formula contains substances that (1) detoxify your body of harmful heavy metals and toxins and (2) delivers substantial amounts of magnesium and vital electrolytes to your body. It is safe and gentle enough for everyday use.



## What are the Health Benefits of detoxification?

The substances of MrDetox are negatively charged and work like a magnet, trapping positively charged toxins, and carrying them out of the body within hours. As heavy metals and toxins are removed, the body can function at an optimal level. Through supporting the immune system, trapping free radicals, and helping to balance the body's pH, you may find you have improved energy levels, a more restful sleep, improved focus and clarity, and an overall sense of well-being.

## Can I take MrDetox with My Other Supplements?

Yes!

## What Toxins Can MrDetox Remove?

MrDetox may help remove heavy metals and positively charged toxins and Volatile Organic Compounds, including aluminum, lead, mercury, cadmium, arsenic, benzene, pesticides, herbicides, any other toxins, and radioactive materials.

## Will MrDetox remove the good minerals in addition to the bad heavy metals?

No, MrDetox only have an affinity for heavy metals and toxins. The nano substances used in our advanced formula contain a rare negatively charged mineral. Most toxins and heavy metals are positively charged. Like a magnet, MrDetox attracts and then traps positively charged toxins before passing through the body.

What makes the advanced formula of MrDetox special is that it is highly selective and ONLY takes out toxins.

## Are there any side effects in taking MrDetox?

The substances used by MrDetox advanced formula have been granted GRAS (Generally Recognized as Safe) status by the Food and Drug Administration and EU regulators. Since MrDetox will attract water to facilitate the detoxification process, adequate filtered water intake is suggested (8 to 10 glasses a day). If any signs of dehydration do appear (headaches, tiredness), increase your water intake.

## Can Children Take MrDetox?

Yes. Reduce the serving proportional to the child's size.



## Can Pregnant Woman Take MrDetox?

Yes. In fact, it is strongly recommended for pregnant woman to start using MrDetox throughout the pregnancy, as it may contribute to the health of both the mother and the infant.

## Does MrDetox helps with slimming?

You bet it does. Use MrDetox as a bath daily in combination with our RWL diet and see the effects.

